

PARTNERS



- Social Prescribing EU (SP-EU) is a five-year-long interdisciplinary project bringing together 22 partners across 11 European countries.
- Scientific coordination: Charité – Universitätsmedizin Berlin, Germany

PROJECT INFO

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| Full project title | Social Prescribing to promote and improve access to health and care services for people in vulnerable situations in Europe |
| Project start | January 2025 |
| Project duration | 5 years |
| Consortium members | 22 institutions from 11 European countries |
| EC funding (Horizon Europe) | 6.97 million € |
| Scientific coordinator | Prof. Dr. Wolfram Herrmann (Charité) |
| Project management | Sonja Leissner (concentris) |
| Project website | social-prescribing.eu |



Social Prescribing EU on social media:



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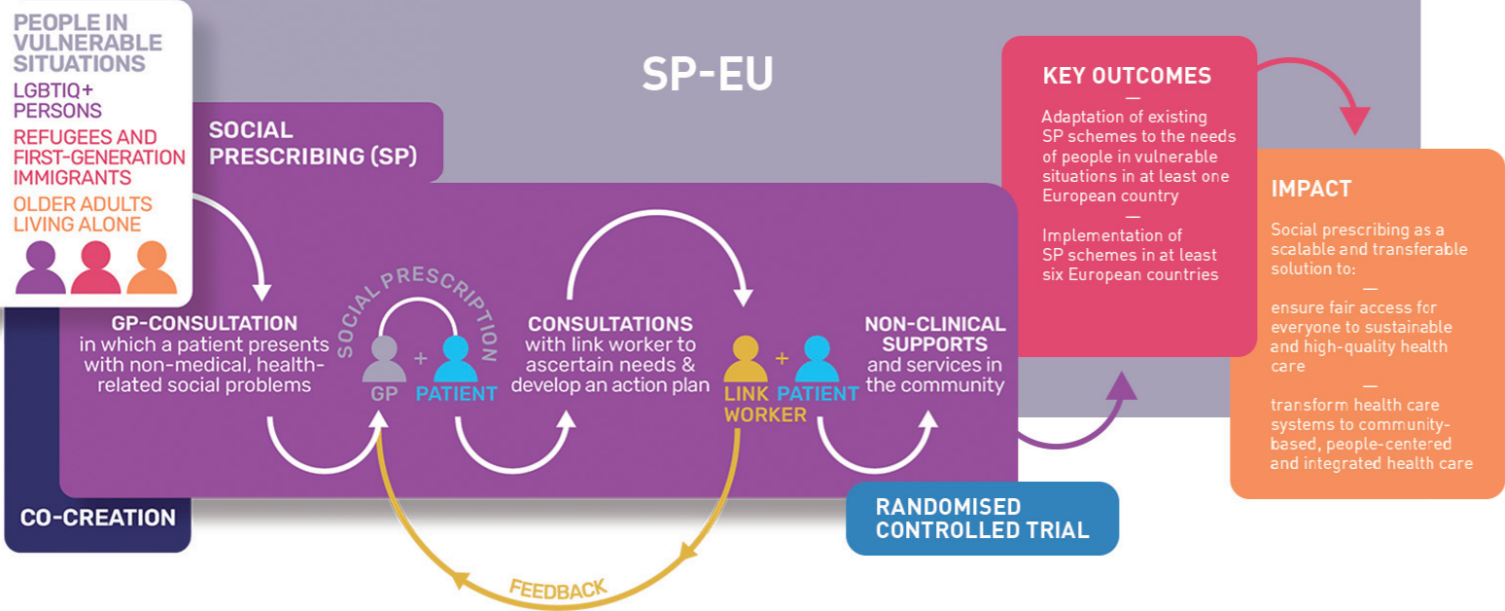


Social Prescribing to promote and improve access to **health and care services** for people in **vulnerable situations** in Europe

A scalable, safe, cost-effective, and people-centered solution for equitable access to sustainable care

The SP-EU consortium envisions a future where everyone has equal access to the care and support they need to live healthy and fulfilling lives. We believe that Social Prescribing (SP) holds the power to transform health systems by bridging the gap between clinical care and the surrounding network of community-based, non-clinical services. By placing people at the centre of care, SP empowers individuals

facing health-related social challenges through personalised support and stronger connections within their communities. Our vision is to tailor and scale this innovative approach to meet the unique needs of people in vulnerable situations - particularly LGBTIQ+ people, refugees, and first-generation immigrants, as well as elderly people living alone. The acronym *LGBTIQ+* refers to a person's sexual identity: *Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, and others*. SP-EU strives to ensure that no one is left behind.



SOCIAL SUPPORT AND HOLISTIC HEALTH CARE FOR EVERYONE

OBJECTIVES

- OBJECTIVE 1**
Co-create an SP model together with LGBTIQ+ individuals, refugees and first-generation immigrants, and older adults living alone, ensuring it reflects their needs and social contexts.
- OBJECTIVE 2**
Test the effectiveness of adapted SP in improving access to health and social care through a multi-country randomised controlled trial (RCT).
- OBJECTIVE 3**
Identify what supports or hinders the implementation of SP across diverse European healthcare systems.
- OBJECTIVE 4**
Engage policy-makers, healthcare professionals, and providers to support sustainable adoption and funding of SP across Europe.
- OBJECTIVE 5**
Raise public awareness, especially among people in vulnerable situations, about SP and share project results through accessible and ongoing communication.

IMPACT

What is Social Prescribing?
Social Prescribing (SP) is an innovative way of bridging the gap between health services and non-medical support within communities. It is based on the understanding that many health issues are related to social, emotional, or practical needs – like loneliness, isolation, or problems with debt or housing. These issues cannot be solved by medicine or doctors alone.
Through the SP-EU programme, General Practitioners (GPs) can refer patients to a so-called link worker – someone who spends time getting to know the



Expected outcomes and real-life impact of SP-EU
SP-EU will create a more resilient, inclusive, and democratic European society by addressing inequalities and providing high-quality health and social care. More specifically, SP-EU will strengthen community-orientated and health-promoting aspects of health care. This will mitigate the effects

patients and helps them find the right community activities or services, such as exercise groups, social activities, or advice services. This kind of support can reduce isolation, help people build confidence, and take control of their own health.

social determinants unfortunately still have on the health of people in vulnerable situations. It will also reduce the need for treatment and improve the sustainability of health services. In short, SP-EU will ensure equal access to innovative, high-quality, and sustainable health care.